I would like to welcome newcomers and our students back to the CUHK family!

For year one students, you will experience a series of changes in the years to come. I am sure you have already experienced the significant differences in the education systems between secondary school and university. You need to adapt to new life routines. While enjoying the freedom here, you also have to face greater academic challenges. Various programmes organized on campus are here to assist you in coping with this transition more quickly.

For all students, you should consider all the opportunities available to develop yourselves. Since time and energy of yours are limited, you need to strike a balance between your study and personal life. Apart from talking to your professors and fellow students for ideas, you can also better plan your schedule by gathering relevant information from all relevant sources. There are a lot of information on the web.

On campus, there are a variety of student activities for you to explore. The Office of Student Affairs, Faculties, Colleges and other units are always ready to support your personal development in all aspects. By providing diversified and quality student services, we hope to facilitate your all-round development as you advance along the educational path at the university.

At the Office of Student Affairs, we provide services in diverse areas to assist students in taking full advantage of their experience at the University. On a personal level, there are the learning enhancement and psychological counseling services, leadership training activities, etc. On a broader level, there are all the university-wide and intervarsity activities as well as cross-cultural diversity programmes. Thinking further about careers, there are many career guidance and enrichment programmes and the popular summer internship programme.

I sincerely wish you all the best in your time of exploration at the CUHK!

Warmest regards,

Raymond Leung
Director of Student Affairs
The next station is University!

Another cohort of new students has joined the CUHK family. How do they think about the university? What would they plan to achieve in the coming 3 or 4 years? Let’s check these out!

"I am happy to know that there will be a student computer campaign that I can buy a new notebook with discount.”
~Cheung Wong Kit (Economics)

"I am glad that my friends and I can go to the same university which is very close to our home. The curriculum enables us to choose a wide variety of courses.”
~Anthony (IBBA)

"The environment of CUHK is really clean, the buildings are new, there are lots of open space and people are very nice and helpful indeed. We don’t know much about Chinese culture because we studied high school in England. So we are eager to improve our Chinese and learn more about Chinese culture by joining different activities here. Besides, we are glad to know that there will be lots of opportunities for exchange programmes.”
~Eve Ann Wong & Stephanie Poon (Law)

"I am very happy to be admitted by CUHK which is a university of esteemed reputation with a college system. I think the networks offered in CUHK are so interesting! I hope I can learn more about the society by studying courses like General Education. I will surely explore more about the society from now on!”
~Winny Lau (Nursing)

"I am so excited that I can enjoy the sea view in my dorm every day. I would like to try different kinds of sports which I haven’t tried before!”
~Chan Tat Shing (Japanese Studies)

"I wish I can be a better person through various kinds of exposure. And I think the General Education in CUHK would be very inspiring!”
~William Lee (Public Health)

"We will have to handle a lot of things by ourselves. I hope I can find a balance between all kinds of activities.”
~Jennifer Chan (English)
The first thing you have to do is to find out what you like to do. If you want to experience other culture, you should plan where to go and prepare what you need as soon as possible.

Crystal Ng
Journalism and Communication, Year 4

As the new school year of university has started, are you wondering how to plan your university life? Apart from studying, there are many choices that you can choose to enrich your university life. Some students may choose to enhance their skills through participating in student societies and competitions, while some may wish to get a taste of global culture. Knowing what you want is the key to achieve a fruitful university life. Let’s hear some advice from senior students and professors!

Embrace Your University Life

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Though Europe and America may be the destinations for most outgoing exchange students, Crystal had made a different choice. She spent the whole year in the African continent as a volunteer in Egypt in the autumn semester of 2010-11, and then she joined the exchange programme in South Africa in the spring semester. “At first, I just wanted to experience a total different culture and gave myself a challenge. Everyone said Africa was backward and dangerous, but I became more curious to find out the truth.”

As a member of AIESEC (an international university student organization), Crystal got a chance to work in an NGO in Egypt as a volunteer. The NGO, which promotes welfare of refugees in Egypt, is mainly ran by Sudanese. “The people there were still are refugees in Egypt, so they understand thoroughly the need of those they are helping,” she said.

Apart from promotional and PR work, Crystal also needed to teach English to a group of uneducated women. “These women come from all over the world. Some are from Sudan, some are from Somalia and some are even from Iraq. When I taught them English, I needed to use all means like body language, pictures and most importantly, found someone who could translate English into Arabic!” she laughed.

Talking about cultural shock, she said it was the status and attitude towards women that struck her the most. In a Muslim country, most women in Egypt had to wear hijab or veil to cover their hair. Though Europe and America may be the destinations for most outgoing exchange students, Crystal had made a different choice. She spent the whole year in the African continent as a volunteer in Egypt in the autumn semester of 2010-11, and then she joined the exchange programme in South Africa in the spring semester. “At first, I just wanted to experience a total different culture and gave myself a challenge. Everyone said Africa was backward and dangerous, but I became more curious to find out the truth.”

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Crystal Ng
Journalism and Communication, Year 4
their head and most of the body parts. She recalled an incident when she was teaching a group of women in a room, a man opened the door suddenly. One of the women put up her veil immediately to cover her face as it was forbidden for her to show her face to other men except her husband and close relatives. “I feel sad for the women, but at the same time, I have to remind myself the importance of respecting other culture.”

Studying in South Africa is another challenge for her. After staying in Egypt for almost four months, she went to Stellenbosch University for one semester. Not only she learnt much about Africa, she also got the chance to experience African culture and travel around Africa. “It was an amazing year. It changes many of my perspectives about Africa!”

One of the most difficult tasks of studying in a university is time management. If you are the person-in-charge of a mass event that will launch during the mid-term period for four important major courses, how will you plan your time?

As one of the members in the debating team, Ivy had faced a hard time in balancing academic work and debating. Very often, she had to meet with her debate teammates till midnight. Afterwards, she would need to stay late for assignment or revision. “It was tiring, but I have never thought of giving up. Debating is what I’ve chosen and I like it. So I tried to manage and make good use of my time.”

Through joining different debate competitions, Ivy enhanced her ability, especially critical thinking and presentation skills. She had also built a deep friendship with her debate teammates. However, in return, the time she spent with family was lessened. “Sometimes when things clash together, you have to make a choice. No matter what you choose, it is important to let your parents understanding what you are doing and not to have them worried.”

As you sow, so you reap. In her year-3 study, Ivy participated in a joint-university debate competition with the team. With almost half of time spent on preparation and competition, her team won and was offered an internship in CCTV. “In my first day of work, one of the reporters told me that I was a piece of white paper in this field. So I focused to understand the different working culture and learn as many things as possible,” she said. Though working in Mainland is not an easy task, Ivy has learnt to understand and adapt to different culture. “Building relationship is very important in Mainland. Whoever you meet at CCTV, you have to call them “lao shi” (teacher) and learn from them with humble.”

Not only Ivy has got the internship opportunity, the experience of debating also helped Ivy to prepare her future career. The extensive training from debates enhances her competitiveness for teaching posts since organizing extra-curricular activities is one of the important duties for teachers nowadays. “Debate is my interest. If I can deliver my knowledge and skills to my students, it would be great!”
“Try to adapt to different culture and don’t label others. Join different societies or activities and learn the good things from local students.”

Roy Sun
Integrated BBA, Year 3

Here in CUHK, there are many mainland and international students. Roy is one of them. Coming from Shanghai, he said there were great differences between the education system of Hong Kong and that of the mainland. “University education in Hong Kong provides more freedom to students, thus it requires more self-discipline of students. Meanwhile, education in the mainland emphasizes more on following rules and academic results.”

While many mainland students are studying hard, Roy decided to join more activities and integrate into the local life. He was one of the representatives of his floor in hostel in his Year-1 study. He was also a group leader in the orientation camp for mainland students. After that, he had decided to join the Student Union of New Asia College. “Joining NASU is a great chance for me to help improve the service in our college. The process of election also taught me the value of democracy. Though democracy may take more time in decision making, I can see the values of listening to others’ opinions and making a fair decision,” he said.

Through participating in different societies, Roy had made many good local friends especially in the hostel. When he was asked how he overcame the cultural difference, he said “Many of my friends from the mainland thought that Hong Kong students were difficult to be friend with. But when I got in touch with them, I found they were actually friendly and willing to speak in Putonghua. As long as you are willing to communicate, there is no problem at all.” When Roy shared scary stories with his roommates; one of his roommates helped him to translate them into Cantonese to make all of them understand the stories. “It was a funny moment. I feel that there was no language barrier between us.”

Roy admitted that mainland students often have prejudice against Hong Kong students and it all begins in O’Camp. “When I was a freshman, our group leader told us some negative images about local students, such as how noisy they were and what “crazy” games they liked to play. This discouraged mainland students to step into the social circle of local students,” he said. “Instead of labeling anyone, we should try to communicate with each other and try our best to understand more about them. I am sure you will learn things like work efficiency and organization skills from local students.”
**Professors’ Tips:**

**Adopting a Joyful and Fruitful Learning Experience**

**Q1:** What experience did you have during your university life that had a significant impact on your life and profession?

I graduated from CUHK. Those 4 years in the university was a fruitful one. One of the experiences that influenced me a great deal was assisting a professor in doing a summer research in a laboratory during my whole summer holiday. What I learnt in this summer was different from what I could study and see in classes as a student. I tasted the life of being a research student and this experience led me to pursue further study and largely contributed to my career as a chemistry professor today.

Besides the summer research experience, I was the Chairman of the Chung Chi College Chemistry Society when I was in my Year 2. It was joyful and I learnt a lot. I still remember that we had a movie fund-raising activity. We went to a film company to borrow movie and showed it in Sir Run Run Shaw Hall. All the profit we gained was for student welfare. During that time, I had to strike a balance between my study and a lot of other stuff. I learnt how to deal with the work pressure and manage my time effectively. I kept to-do-lists and this helped me handle my very demanding schedule. That is the habit that I find very useful all along.

**Q2:** University life can be overwhelming. Do you have any advice for students who are planning their university life?

The options are unlimited! I think it is very important for new students to spend some time on self-reflection. Think about what your strengths, weaknesses and expectations are. When you attempt to answer all these questions, you would know what you want to pick up during the university life.

Also, students can fully participate in activities of the university and colleges. I suggest them doing some social services. When you serve the needy, you will know the social problems in your neighbourhood and cherish what we have already had now.

Students can also join exchange programme. It doesn’t matter whether it is a long or short term one. The thing is that you have to plan thoroughly and set goals before you go. You also have to review your learning process from time to time. Going on exchange programme is more than sightseeing. It will open up your mind and broaden your perspective.

I suggest students trying to become committee members in a club or student society. You can enjoy the team building process and get a feel of working towards the same goal with peers.

All of these actions can give you a memorable university life. You also have the opportunities to enhance interpersonal skills, polish language ability, broaden international perspective, achieve better command on technology and enhance awareness of social issues. But, it is not easy to learn so many skills within a limited time span.

**Q3:** What attitude should students possess when facing the challenges and uncertainties during their university life?

For freshmen, this is a brand new start to them. It is better to have a plan based on one’s own situation and search for resources in the university that he needs. Students can also talk to their senior and discuss with professors, as they have walked through the crossroads before.

For year 2 students, they can serve more at school. Take the role as a leader, try to polish the inter-personal skill and mobilise their classmates. The diversity at school will enrich their visions and experience.

Be ready to look for a suitable job in your senior year if you plan to work immediately after graduation. It is never too early to start looking. You should plan for your career life but not just simply pick a job. Follow your heart and be clear about what you’re truly passionate about and know more about the prospect of the job in mind. School life and working life are different.

To most students, it seems that your academic results open doors to jobs or graduate schools. Yet, your success is beyond the classroom. So, be ready for it. Plan ahead and make the most out of the university education.

**Q4:** What five important competences that you think university students should acquire?

i) **Formal classroom education is very important.** Your interest and effort in learning the basic knowledge of your major would help you do better in your future career.

ii) **You always need communication skill to mobilise people and complete tasks.** Flawless communication skill allows mutual understanding, stronger argument, better persuasion and effective leadership.

iii) **When you are interacting with others, put yourself in others’ shoes.** Everyone has his own thought. There are always different views among different people. With such perspective in mind, it helps you reach your goal more smoothly.

iv) **It is you who can discipline yourself.** Freshmen are new to the university studies and life. They may be more relaxed after the competitive public examination. Self-discipline is of great importance. Otherwise, it is easy for them to lose sight of their own way of school life and goals.

v) **Good time management and effective schedule planning are essential.** These skills allow students to fulfill their basic requirements of the curriculum while enjoying their university life with fun and enjoyment.
The contemporary society is putting more emphasis on “the spirit of university education”. Can you share your interpretation of the concept with us?

We must admit the fact that knowledge is borderless. The allocation of specialty or professional licensing is only a recent phenomenon in modern society. University has one very fundamental difference from high school among many other things. It is a place where often old forms of authoritative beliefs and knowledge are challenged, modified, refined and advanced to newer forms. Most importantly, we all participate in this teaching and learning project in which not one specific model can be specified or imposed. That’s why while building a solid foundation in a defined area of your own academic interest is important, it is just equally important that we also should be broad-minded enough to accommodate differences and possibilities. If diligence and discipline denote the fundamental merit of high school education, university learning requires us to think, reflect and act upon beyond the conventional framework to which you have confined yourself in the past school years.

If we look around, modern university is always founded with the emergence of the modern nation-state. Universities in all societies as an institution seek to equip their students not only with the knowledge and skills of their declared specialty (e.g., an undergraduate major), but also with broader perspectives for them to develop their distant ideals and worldviews. As such, the educational effort should not be just limited to the domain of individual success but should also be contributive to the wider collective. It is also in this phase of our life that we think through these issues as well as life meanings. Learning to strike a balance between them is also a part of our educational experience in the university. In practice, the rule of the thumb is to place your priorities right and learn to manage your time and energy appropriately.

Students will encounter lots of new things when they first arrive here if not even overawed because diversity is a distinct feature of the university. You might be inspired by a book or a professor, a classmate from a different major in a GEE course, but then there might be occasions that you are frustrated or distressed by a more complex web of human relations or a political disagreement. I shall assure you that these are all just parts of your growing up. If I may just quote you a personal account of my graduate experience to illustrate this aspect. In a rather advanced stage of my graduate school, there was this case that I was not able to make the slightest sense out of what the Professor was delivering in a course. I was very discouraged throughout the course up until one day when I was totally struck by two sentences he forwarded in class. I was excited about the emergence of the modern nation-state. Universities in all countries have helped and contributed to the transformation of many outmoded ideas into modern concepts and have served as a training ground for occupational skills or allocation, but there is certainly something beyond that. It indeed provides a significant basis for everyone to develop their distant ideals and worldviews. As such, the educational effort should not be just limited to the domain of individual success but should also be contributive to the wider collective. It is also in this phase of our life that we think through these issues as well as life meanings. Learning to strike a balance between them is also a part of our educational experience in the university. In practice, the rule of the thumb is to place your priorities right and learn to manage your time and energy appropriately.

We achieve all these not by sitting on them or indulging in life goals or plans students possess, they should always be aware of the virtue of taking and giving. Whatever we are doing, we should begin with the basics. Some students are very eager for quick success and instant reward to their effort that they miss out some details which might constitute integral components of their life project. There is not a single track course for who should do what but then fulfilling the basics at least will take you to more options if not even making sensible decisions. No matter what kind of life goals or plans students possess, they should always be inspired to broaden their perspectives and look far, and they should always be aware of the virtue of taking and giving. We achieve all these not by sitting on them or indulging ourselves in the thoughts of them. We begin with the basics. The basics are simple: do what you are truly interested in and do your best in whatever you do. The Nobel Laureate, John Nash once said, “I am not the best but I do what I am supposed to do as a Professor.” I think there is a great deal of wisdom in this.
Every August, the campus is filled with cheers and laughers because of the orientation camps (O’Camp). Usually, new students are nervous when they join these camps as the environment and the people there are all new to them. However, when it comes to the last day of these camps, they are usually unwilling to leave! Let’s listen to some participants’ sharing!

My first self-reflection about university life

This is actually my first time to join an O’Camp because I was occupied with other engagements last year. As one of the organizers, I am pleased to have this new experience just like new students. When we finished all activities on the third night, we shared our feelings together. We, as the senior students, had to share our views about university life so as to let the new students have some ideas about the challenges they might face in the coming year. Because of this, I reviewed my university life for the first time. Not only new students got to know more about CUHK and their life ahead, the orientation programmes also provided senior students like me with the chance to reflect ourselves!

The moment when we had camp fire was the most unforgettable one. I was responsible for controlling the sound effect at backstage. When I walked out of the backstage and saw a scene with a hundred students dancing and shouting “CUHK” under the university emblem at Science Centre, I strongly felt that we all belonged to one family, the family of CUHK!

Chan Yik Him, Eric
Journalism and Communication, Year 2

I found my first home in Hong Kong

On the first day of o’camp, we spent the whole afternoon playing games against other groups. We were told before that the winner could have pizza as lunch while the others got takeaway food and bread only. So everybody made his/her very best effort! We ended up 10 wins and 3 ties, and no doubt, we won the pizza! We shared it with other groups. Both the pizza and the feeling of victory tasted great!

The other night we introduced ourselves to senior students. When I told them that I was studying in Hong Kong with my whole family staying in Beijing, our ‘group-great-great-grandfather’, a final-year student, opened his arms and said, ‘No need to feel lonely. All of us are your family! We’ll be always with you!’ Looking at my group members, all my worries about blending in with local students disappeared suddenly. I am very happy to have participated in the o’camp as I have found my second home now!

Liu Fangzi
Medicine, Year 2
**College Orientation Camp**

**Unforgettable 'Ghost House' experience!**

I didn’t expect that we could visit a ‘ghost house’ in the orientation activities. I was really surprised and scared when I saw a dark toilet daubed with words, numbers and scary photos everywhere! Some organizers who dressed like zombies and phantoms jumped out from the dark suddenly. After the event, I realized how hard the organizers had worked to prepare all these scenes and sound effects. They were so tired in the last two days that they didn’t have enough sleep and some “zombies” and “phantoms” even got hurt when we tried to escape! I really appreciate their great effort in giving us such an unforgettable experience!

Kyle Tse  
**Shaw College, Chinese Language and Literature, Year 1**

**I stepped out of my comfort zone**

In the “Thematic Session”, we were guided by the helpers to think of our plans in the coming three or four years’ university life. It was a thought-provoking experience since we seldom thought of questions such as ‘what we would want to do in university’ and ‘what kind of person we would like to be’. To be a responsible person, we have to bear all the consequences of our decisions. And in university, there would be many opportunities that we have to make decisions independently. Many participants, including me, cried in this session. I think it showed that o’camp could mean something more than pure fun.

In this and other o’camp sessions, I found I was always the first one to tackle the tasks or to do the sharing. This was not the usual me but I did it in the o’camp since other group mates were not that active at the beginning. I guess I am now brave enough to step out of my comfort zone and keep being active as I know I can do it!

Jessica Liang  
**Chung Chi College, Music, Year 1**

**Activity Highlights**

**Information Day**

More than 1,300 new students attended the New Student Orientation Day organized by the Office of Student Affairs in late July. They were offered an overview of the University and its system and important issues such as the college system, financial aid schemes, sexual harassment prevention, General Education, CUSIS and course selection. Prof Edwin Chan, Chairman of Joint Committee on New Student Orientation, also shared ten clues on a fulfilling university life to the students.

Apart from the talks and sharing, new students also got to know more about college orientation through the face-to-face interaction with student organizers. Many of them signed up to join the college orientation camps immediately!

**Confluence of Colleges, Unity of Hearts**

“Confluence of Colleges” is an epic event held every August during the college orientation period with the aims of fostering a sense of belonging of new students to the colleges and showing the unity of the colleges. After gathering at the University Mall, students kick off the event by chanting slogans to praise their own colleges. After that, the new students are guided to form a “Human Jigsaw” of meaningful patterns, like “CUHK” this year.

For the very first time, there were more than 60 international students who joined the event this year. Both local and non-local new students felt excited to have a chance to mix and mingle with each other.
Orientation Programmes for Mainland Undergraduate Students

My first time to live on campus!
It was the first time for me to live on campus and I was most thankful to my “group parents” for their whole-hearted assistance and care throughout the camp. On the last day, our group members shared how we felt about the group and the other members. Almost everyone burst into tears when we shared the memorable moments we had gone through together!

Ma Lin
Business Stream, from Gansu Province, Year 1

Orientation Programmes for International Undergraduate Students

The great thing about International ‘O’ Camp was that it was not only tailored for international students but also embedded with the College ‘O’ Camp. It gave us a taste of the local student ‘O’ camp, which offered us a great opportunity to observe the local culture. The most astonishing moment, especially to those who don’t understand the local culture well, was when the students affiliated with the seven colleges assembled at the University Mall. Every college took turn to chant slogans to praise their own colleges. What has also amazed me so much was the state of unity the students posed. It is a really interesting experience that I had never expected.

Robin Lee
Electronic Engineering, from Malaysia, Year 1

Orientation Programmes for Postgraduate Students

We found the campus tour very helpful as information about the colleges, libraries, canteens, etc was introduced to us. The student helper was very helpful and he shared with us some tips like quick paths that link different parts of the campus!

Vivian Tse and Lilian Tse
MA students

The talks were very informative and the topics varied a lot, from university policies to practical techniques like the CUSIS. And the library visit also helped us to understand the learning resources available on campus.

Liao Qiang, Gao Yuan and Xu Shujuan
MA students

Facts and Figures about orientation programmes 2011

<table>
<thead>
<tr>
<th>Orientation Programmes</th>
<th>Number of new students</th>
<th>Activities</th>
<th>Others</th>
</tr>
</thead>
<tbody>
<tr>
<td>40 Department Orientations</td>
<td>Around 3,000</td>
<td>Talks* / Games* / CU hunt / tour</td>
<td>City Hunt / Confluence of Colleges</td>
</tr>
<tr>
<td>7 College Orientations</td>
<td>Around 3,000</td>
<td></td>
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<tr>
<td>Mainland Undergraduate Students</td>
<td>292</td>
<td></td>
<td>Confluence of Colleges, group photo-taking, thematic tour and O’Dinner</td>
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<tr>
<td>International Undergraduate Students</td>
<td>64</td>
<td></td>
<td>Confluence of Colleges, city hunt, Sports Day and library visit</td>
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<tr>
<td>Postgraduate Students</td>
<td>1885</td>
<td></td>
<td>Library visit and thematic tour</td>
</tr>
</tbody>
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*Not all of the orientation programmes include talks and games in their schedules.

Participants with diversified cultural backgrounds

International Undergraduate Students (Total: 64)

- Asia - China, India, Indonesia, Japan, Malaysia, Republic of Korea, Macau, Philippines, Singapore, Taiwan: 84.38%
- Europe: Denmark, France, Portugal, Spain, Switzerland, United Kingdom: 6.25%
- Asia Pacific - Australia, China, Hong Kong, India, Indonesia, Japan, Macau, Malaysia, Pakistan, Republic of Korea, Taiwan, Thailand: 9.38%
- Europe - Austria, France, Germany, Italy, Poland, Spain, Switzerland, The Netherlands, United Kingdom: 1.43%
- North America - Canada, United States: 1.01%

Postgraduate Students (Total: 1885)

- Asia Pacific - Australia, China, Hong Kong, India, Indonesia, Japan, Macau, Malaysia, Pakistan, Republic of Korea, Taiwan, Thailand: 84.86%
- Europe - Austria, France, Germany, Italy, Poland, Spain, Switzerland, The Netherlands, United Kingdom: 97.56%
- North America - Canada, United States: 97.56%
It was my first time to know more about military families. I worked with people of different cultural backgrounds. It was really an enjoyable and inspiring experience.

Tsui Man, Sherry
Sociology
YMCA Camp Erdman Honolulu (USA)

Not only I have gained some working experience from the internship, I also got to do some travelling and know the people of various ethnic minorities. Though grown up in mainland China, I was so nervous before going to the internship at Urumqi which seems to be so remote to me. Now I realize that Urumqi, as the capital of Xinjiang Uygur Autonomous Region, is indeed very modern and beautiful. I was so amazed by the scenery when I joined the company trip to Jiangbulake Grasslands. For the first time in my life, I saw so many twinkling stars on the sky!

CHA Fei, Cherry
Integrated BBA
Bank of East Asia (China) Limited, Urumqi Branch (Urumqi)

The internship at the HKETO in London is one of the most extraordinary experiences in my university life. In addition to general office work, such as writing speeches, compiling bi-monthly reports and preparing profiles for official visits, the interns were offered plenty of opportunities to participate and assist in major local functions. We had to organize the London Hong Kong Dragon Boat Festival and attend the Hong Kong Dinner. As a student of Fine Arts major, I was also assigned other tasks like building up a database of the arts festivals in monitored European countries and preparing arts market reports. I was greatly amused by the meetings with the British Museum as I could interact with people of this industry with ample experience in art appreciation.

LEUNG Hiu Mei, Gloria
Fine Arts
Hong Kong Economic and Trade Office, London (UK)

At the beginning, I was both worried and excited about going to Africa for an internship. There were so many uncertainties and I knew so little about Africa. It turned out that we were treated as guests there in Tanzania. Tanzanians are very friendly. It was really an unforgettable experience.

Leung Ki, Francesca
Nursing
Tanzania YMCA (Africa)
I could have an overview on the daily operation of the investment company and its structure. I was invited to attend some meetings from which I could learn how the CEOs made their decisions. Apart from my colleagues and the supervisor, I also got the chance to meet different kinds of people. I am glad that I could build my social network through the internship.

TANG Ion Lam, Ion
Systems Engineering & Engineering Management
Nanjing Municipal Investment Promotion Commission (Nanjing)

Adapting to the living style at Nanjing was quite challenging to Ion at first, but he managed to overcome the difficulties soon.

What I learnt in the internship is surprisingly helpful to my studies. The design mistakes I spotted when visiting different buildings would help me make better design in the future. What I have seen in Shanghai is also helpful for me to understand what a career will be like.

NG Cheuk Sing, Marco
Architecture
Shanghai Kai Shing Property Management Services Co., Ltd (Shanghai)

Marco thought that Shanghai was always a good place to live and work in.

GIP has provided me with a great opportunity to learn more about the health care system and the structure of a hospital in the mainland China. Through the interaction with the doctors, nurses and patients, I learned more about the major medical and health issues in Beijing. Apart from studying at the hospital, I also visited many great places, such as the Forbidden City and the Great Wall, and tried a lot of famous Beijing food like roast duck, mutton soup noodles and barbecue. I really love the life and culture in Beijing!

MAK Choi Ping, Rita
Public Health and Primary Care
Beijing Xuanwu Hospital (Beijing)

Rita found that she had become more independent after the trip.

What I learnt in the internship is surprisingly helpful to my studies. The design mistakes I spotted when visiting different buildings would help me make better design in the future. What I have seen in Shanghai is also helpful for me to understand what a career will be like.

NG Cheuk Sing, Marco
Architecture
Shanghai Kai Shing Property Management Services Co., Ltd (Shanghai)

Marco thought that Shanghai was always a good place to live and work in.

GIP has provided me with a great opportunity to learn more about the health care system and the structure of a hospital in the mainland China. Through the interaction with the doctors, nurses and patients, I learned more about the major medical and health issues in Beijing. Apart from studying at the hospital, I also visited many great places, such as the Forbidden City and the Great Wall, and tried a lot of famous Beijing food like roast duck, mutton soup noodles and barbecue. I really love the life and culture in Beijing!

MAK Choi Ping, Rita
Public Health and Primary Care
Beijing Xuanwu Hospital (Beijing)

Rita found that she had become more independent after the trip.

What I learnt in the internship is surprisingly helpful to my studies. The design mistakes I spotted when visiting different buildings would help me make better design in the future. What I have seen in Shanghai is also helpful for me to understand what a career will be like.

NG Cheuk Sing, Marco
Architecture
Shanghai Kai Shing Property Management Services Co., Ltd (Shanghai)

Marco thought that Shanghai was always a good place to live and work in.
Summer Exchange

Outgoing exchange programme

Every year, more than 210 short-term study abroad programmes that provide more than 2600 vacancies are available for our students.

Programme by destination

<table>
<thead>
<tr>
<th>Destination</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>America - US, Canada</td>
<td></td>
</tr>
<tr>
<td>Asia - China, India, Indonesia, Korea, Macau, Malaysia, Philippines, Singapore, Taiwan</td>
<td></td>
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<tr>
<td>Australia and New Zealand</td>
<td></td>
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<tr>
<td>Europe - Denmark, France, Portugal, Spain, Switzerland, UK</td>
<td></td>
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</tbody>
</table>

Nature of programme

<table>
<thead>
<tr>
<th>Programme</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>University visits</td>
<td>1</td>
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<tr>
<td>Thematic focus</td>
<td>9</td>
</tr>
<tr>
<td>Research internship</td>
<td>19</td>
</tr>
<tr>
<td>Medical/Clinical training</td>
<td>4</td>
</tr>
<tr>
<td>Language</td>
<td>23</td>
</tr>
<tr>
<td>Industry Internship/career development</td>
<td>25</td>
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<tr>
<td>Firm visits</td>
<td>25</td>
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<tr>
<td>Field studies</td>
<td>40</td>
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<tr>
<td>Culture and language</td>
<td>16</td>
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<tr>
<td>Cultural exploration</td>
<td>26</td>
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<td>Credit bearing summer courses</td>
<td>26</td>
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<tr>
<td>Community service</td>
<td>26</td>
</tr>
<tr>
<td>Others</td>
<td>26</td>
</tr>
</tbody>
</table>
Can I be a leader?

新紀元行政管理精英培訓計劃2011

「我們沿著辛亥革命的路走來，到了黃花崗革命烈士，在武昌起義的原址感受革命的激情，又跟隨孫中山先生的足跡來到了香港。最不捨的是一起講笑話、一起拍鬼臉拍照，一起聊天到深夜的兄弟姐妹們。雖然大家操的是不同版本的普通話，但我們就像多年不見的老朋友，用心交流。香港同學的活力四射、台灣同學的細膩溫柔、澳門同學的內斂大方，都讓我感嘆華南文化的博大與寬深！」

「透過此活動，認識了許多來自兩岸四地的朋友，了解不同的學習環境及思維。一一銜串精密的活動安排，不但讓我了解內地經濟發展的迅速，也見證了香港的經濟繁榮。」

「作為在中大唸書的內地生，我可以在與來自不同地區同學的課堂中，以自己獨特的角度來向大家展示香港與內地生活之不同，更同時加深了自己對香港文化的理解。」

「同為華裔兒，雖然我們對於不同問題有不同的意見，但我們卻能夠了解對方、彼此包容。這個活動讓我更認識中國現在的發展狀況，以及對內地與香港之間的不同之處，有助於自己未來的職業選擇。」

有關新紀元行政管理精英培訓計劃2011（第十三屆）

舉辦機構：九龍塘商会
協辦機構：香港中文大學、中華能源基金會與新紀元精英會
參加者背景：共一百一十七名學生，分別來自二十六所內地、八所台灣、一所澳門及九所香港的大學
計劃主題：適逢辛亥革命一百周年，新紀元2011年的主題為「探討辛亥革命對當代中國經濟發展之影響」，並以「改革開放」（廣州）、「辛亥革命」（武漢）、「六朝古都」（南京）及「一國兩制」（香港）作主題，讓參加者了解辛亥革命這段歷史及其對世界發展的影響，並紀念孫中山先生致力推興中華的精神和抱負。

領袖培訓計劃：倫敦暑期學校

在倫敦的兩星期裡，「這在香港可以實現嗎？」是最常浮現在我心頭的問題。

倫敦之行的其中一個參觀機構是Coin Street Community Builders。二十多年前，South Bank Coin Street附近一帶的區域被發展商計劃以興建酒店及高密度商業城的重建項目。眼見自己的家園即將任人宰割，一眾居民聯合起來，展開了長達7年的抗爭運動。他們不單逼使發展商放棄了重建計劃，還成功得到該社區的自主發展權。至今，該地已發展為一個集休憩、藝術展覽、餐飲及慈善組織於一體的社區。

Coin Street的故事令我聯想起香港的利東街（唐棚街）。Coin Street的居民為了不讓發展商入侵自己的家園，能夠花上7年時間抗爭，但利東街的居民1年內就失守了，令香港從此失去一條滿載本土特色的街遊。為何Coin Street可以，利東街不可以？

倫敦之行，讓我實見「夢想」的力量——一個剛開始發展的「夢想」，初時可能看似不可實現，但當這個「夢想」經歷過更多的憂鬱時，「夢想」可以隨時引發行動，而後帶來改變，令到一個「夢想」成為現實。

陳傑龍
新聞與傳媒學／新亞書院
Serving without boundary

“Bridge to China” programme at Ma’an Qiao Village at Sichuan Province of Morningside College

The village was devastated by an earthquake in 2008 but could not receive much help from the public due to its remoteness. Seeing the villagers’ needs, the “Bridge to China” programme offers assistance in low-cost but effective ways, like building houses and bridges and urban planning to help the villagers improve their lives there.

As there would be no facilities for a modern life, such as access to the Internet and flush toilets, and loads of labour work required of us, the trip did not really sound like something fun. However, in the hope of testing my own ability to deal with adverse circumstances, I joined the programme with two simple goals for myself – to be able to help and to bring no troubles to others.

Instead of actually building something, our duty was mainly about wall maintenance with some muddy mixture consisting of sand, water and glue. With the help from local children, we made great progress and moved on to painting the wall of the children’s playroom on the third day. The children were so excited when they put their hand prints onto the wall as decorations!

Although our mission was a simple one, the trip has opened up my eyes about rural China and the people there. With limited means, the villagers tried their very best to make us feel at home. They don’t have many material possessions, but they truly understand what “sharing” means, and practise it in their lives. I could still remember one of the little girls who gave me a big hug and a big smile, telling me that she was so grateful of the wonderful memories that we had brought her. This is probably one of the best things I achieved in this trip – that I have successfully brought some happiness to the others!

Esther Hong
Nursing, Morningside College

Joint Uni-Y@CUHK Chiang Mai Service Trip of Uni-Y@CUHK

Though most of us are medical major students, we further equipped and prepared ourselves to provide better education about AIDS for children and AIDS patients in Chiang Mai by attending several pre-trip workshops. We prepared a comic book named “Know AIDS no AIDS” with some illustration of facts, myths and prevention measures of AIDS. We had a valuable chance to talk to local AIDS patients and were pleased to know that the Thai government encouraged AIDS patients to join mutual support groups by offering free medications and treatment.

The children understand that AIDS is a serious disease but cannot be transmitted through talking and shaking hands with each others.

Participants

Social Service Trip to Uganda of S.H. Ho College

一次非洲的旅程是一種潛移默化的教育。在一群黑色皮膚人群裡穿梭，從點滴看到不曾留意的風光。

我們去村莊裡與一群因種種原因失去所有親人的孩子們一起玩耍。他們並不孤獨，因為他們在這裡找到了新的家庭，新的希望。我們嬉笑着，我們奔跑著。幾個泡泡水、一個足球、兩條橡皮筋、一些氣球和紙筆，就是我們與幾十個孩子度過整個下午所需的所有材料，簡單卻滿足。在孩子們燦爛天真的笑容裡，我們看不到一絲哀傷。

我們也拜訪和探訪了飽受愛滋病毒困擾的婦女和幾個月大的嬰孩。與他們的相處是如此的寶貴且愉快。雖然我們的語言並不相通，但是他們感受到我們真誠的心，我們享受到他們如太陽一般的熱情。

非洲的見聞寬廣了我的心靈，讓我更加珍惜我所擁有的一切。

譚玉琳
生命科學／醫學院
Exposing myself in wilderness changed the journey from an activity to an expedition, from a game to a chance to grow further and as an outdoors person. In Outward Bound Programme, we couldn’t have completed our mission in the inherently risky activities without taking chances. No doubt, there are many benefits to a simple nature walk, but it will never be as influential as the refined and intentional experiential learning which Outward Bound offers. The Programme provides the obstacles not to stop us, but to have us called upon our courage and strength to face them, and that is the way to know one’s limits, which makes the programme all the more worthwhile.

Ka Yan developed a very strong bond with other participants after the training.

Hetauda Work Camp by Friendship Foundation Nepal

Nepal had been a mysterious place to us. The only thing we knew about this country, also known as Land of Mount Everest, is trekking, high mountains, Hindu or Nepali black tea. After staying in Hetauda of Nepal for two weeks for a voluntary work, we discovered many different aspects of Nepal, especially the relationships among its people.

We did not have much work every day when we stayed in Hetauda. So what we did the most was walking around and talking to local people. There was a small convenient store that we visited the shop almost everyday to have our afternoon tea. When we first went to buy some iced water, we tried so hard to use body language to communicate with the shop owner, Modandai, who didn’t speak English. Gradually we learned some Nepali like “iced water” and “how much” from Modandai and had some short conversation with him. One day, we went to buy cola as usual but soon found that we didn’t have any money with us. Surprisingly, Modandai told us to pay the next day. His generosity really shocked us. We were just foreigners to him and he even didn’t know our names. So how could he be so sure that we would come back to settle the bill?

We found the answer after the trip. Unlike Hong Kong, the human relations in Nepal are actually very close. The people meet and talk with the same group of people everyday. They are very close with and love each other. Moreover, they would use the same manner to treat strangers like us as their friends. There are many great attractions for tourists in Land of Mount Everest, but the most attractive things to us are the citizens’ close relationships and their great trust in human.

Gidion Chan and Ricky Yuen
Physics, New Asia College

Universiade Shenzhen 2011

Some athletic students joined the Universiade Shenzhen 2011 held in August. One of the students, Yiu Kit Ching, broke the record of Hong Kong Women’s 3000 Meters Steeplechase (障礙賽) with a new record of 10'45"11. Congratulations to Kit Ching!

In the photo, Kit Ching shared her joy of victory with Dr. Chan, Mr. Lo, and Mr. Tong (from left to right) of Physical Education Unit.

The summer is over. No matter how you would describe your summer, joyful, busy, unforgettable or fruitful, all the experiences that you have gained would be imprinted in your new life. If you didn’t do much in the past summer, don’t regret. Stay tuned to the future issues of our magazine for introduction of some summer programmes 2012!
Career Planning Starts From Here
- get the most out of Career Planning and Development Centre’s (CPDC) services

The new academic year has just started. Apart from setting your study plan, have you planned for your future career? No matter which year you are in, it is never too early to plan for your career.

As always, Career Planning and Development Centre (CPDC) offers various kinds of services and activities to help you draw a clear career roadmap. Let’s check which career planning stage you are in and how CPDC’s services can help you through along the way.

Career Planning Cycle alongside with CPDC’s services

Career Guidance Programmes
- Range from CV writing, mock interviewing, personal grooming workshops to careers talks
- Discover and enhance your job search and career management skills
- Available throughout the year, stay tuned to the latest events at CPDC’s website

CPDC Website
- A one-stop website consists of comprehensive insightful career advice, updated job market news and activities to help you actualize your career aspirations
- Click on CPDC’s website for more information

Careers E-Coach
- An online e-learning platform that allows you to learn essential job hunting skills, such as writing effective CV and covering letter, as well as interviewing skills at any time around the clock
- Login at http://cpdc.osa.cuhk.edu.hk/student/career/e-coach

Online Job Search and Application
- CU Job Link and JIJIS are online job boards with a wide range of job opportunities available, such as graduate positions, internships, temporary and part-time posts

Global Internship Programmes
- Take a global perspective on your career exploration activities. Get a taste of work experience outside Hong Kong during summer
- Application Period: January/February every year
- Internship Period: Mid May through August
- Learn more at http://cpdc.osa.cuhk.edu.hk/student/gip/Outline

CUHK Mentorship Programme
- Broaden your social and personal perspectives through experience sharing and interaction with experienced professionals and senior executives
- Get career planning advice from experienced management executives
- Build up useful networks for your future development
- Application Period: November
- Mentorship Period: January to December
- Learn more at http://cpdc.osa.cuhk.edu.hk/student/programmes-workshops/CUMP

Recruitment Talks
- Get first-hand insights and sharing from your target employers
- Available throughout term time
- Stay tuned with CPDC’s mass emails and website

Careers Fair
- Meet employers from different industries in one place
- Get to know more about different industries and job functions, and explore your career interest
- Date: 24-25 October 2011
- Venue: Sir Run Run Shaw Hall
When’s when

Knowing what is happening and what will happen next can help your planning. Take a look at CPDC’s upcoming events in this academic year. Detailed information is available at CPDC’s website http://cpdc.osa.cuhk.edu.hk. Remember to check out CPDC’s emails regularly, too.

CPDC event calendar

4 Steps on Career Planning

Step 1: Self Understanding
Step 2: Understanding the Job Market
Step 3: Goal Setting
Step 4: Career Preparation

A new Career Planning Handbook has been developed to guide you through various stages. It can be downloaded from http://cpdc.osa.cuhk.edu.hk/student/career/planning

Remember that career planning takes time and effort. So, start today, stay tuned with CPDC’s events and fully utilize the available resources at CUHK.

Have a good start and enjoyable career exploration journey.
Getting Inspired by Senior Executives through Mentorship

With the new school year already begun, have you started planning for a fruitful year? Is mentorship one of the items in your plan?

Mentorship is a good channel for mentees to broaden their social and personal perspectives, obtain advice for career planning and development, as well as build up useful networks for future development. Read what the mentees of CUHK Mentorship Programme (CUMP) this year say about their mentorship!

“Dr. Kan always shares his experience and insights with us. He gives us interesting articles on personal development that he comes across, and I find them inspiring and helpful. He also gives us opportunities to participate in the activities he hosts. It broadens my horizons as I get the opportunities to observe how large-scale functions are run and how people interact in these social occasions.”

Ann Liu (Year 4, Law)  
Mentee of Dr. Paul Kan,  
Chairman, Champion Technology Group

“It is a priceless opportunity to be Sir David’s mentee. Every conversation we have is very inspiring and educational. From the experience, I realize that there is much room for improvement in my political sensitivity. Sir David’s experience, comments on Hong Kong politics and vision of international relationship are all stimulating. He inspires us a lot on issues ranging from plants, politics, public affairs, health, history to travelling. He is a walking encyclopedia.”

Hayley Kam (Year 3, Translation)  
Mentee of Sir David Akers-Jones,  
Former Chief Secretary, Hong Kong Government

Getting interested in being a mentee? There are a number of mentorship programmes in the University and each has a different mentor base and focus. For CUMP, our mentors are CEOs, Chairmen and senior managers of listed companies and multi-national corporations, and quite a number of them are expatriates. They all possess solid experience and strong network, and they are ready to share their experience and offer guidance and advice to mentees.

Full time non-final year undergraduates from all disciplines are welcome to apply for CUMP 2012, which will start in January 2012. To find out more about CUMP, please visit http://cpdc.osa.cuhk.edu.hk. Recruitment information will be put online and announced via email in October 2011. Stay tuned!
An invitation from “Caring Campus” Campaign

Recruitment of ‘uBuddies 2012’

With its first launch in 2010, the ‘uBuddies’ Peer Counselling Network is now recruiting a third cohort of peer counsellors, “uBuddies 2012”, to assist in the continuous promotion of a caring and supportive campus culture in CUHK.

Training:

✧ 4 sessions totalling 12 hours on peer counselling skills
✧ Overnight adventure training camp to build team spirit and to enhance self-understanding and self-confidence
✧ 4 sessions totalling 14 hours on Youth Mental Health First Aid Standard Course
✧ Practicum supervision
✧ Service projects

Attainable Qualifications:

✧ CUHK uBuddies Certificate
✧ Certificate of Youth Mental Health First Aid Standard Course (jointly issued by The Mental Health Association of Hong Kong and acknowledged by the ORYGEN Research Centre of the Department of Psychiatry, The University of Melbourne)
✧ Nomination for the Best uBuddies Awards

Quota & Criteria

50 full-time non-final year undergraduate students

Deposit

$400 (Will be refunded upon completion of at least 80% attendance of all training components)

Information Sheets & Application Forms

1. Downloaded from the Section’s website (www.cuhk.edu.hk/osa/scds)
2. Hard copies are available at the Student Services Centre of Office of Student Affairs at 1/F, Benjamin Franklin Centre

Application Deadline

October 21, 2011 (Friday)

Enquiry

Tel.: 3943 1804 (Miss Kong)

e-Caring Card Service

The e-Caring Card System (https://osantd.osa.cuhk.edu.hk/scdsmain/chihtml/) has been well received with very positive feedback since its launch in late August 2011.

In order to further enhance our e-card service and encourage members of our community to “Keep Caring”, an “e-Caring Card Design Competition” would be organized. Please visit the Section’s homepage for more details. Deadline for entry submission is 2 December 2011.

Join Us Now and Keep Caring!
2012-13 CUHK Student Exchange Programme

A valuable opportunity for you to gain an unique life-changing experience
Application opens: mid-October 2011

If you are eager to experience multi-national culture and have a fruitful university life, CUHK Student Exchange Programme is your best choice!

CUHK has collaborated with some 220 institutions around the world to provide students with diversified exchange opportunities. In October, the Office of Academic Links (OAL) will organize a series of on-campus outreach activities including Roadshows, Information Sessions and International Exchange Week to help you explore the programmes available.

HEUNG Chi Hei
Professional Accountancy, Year 4
University of New South Wales, Australia, Fall semester 2010-11

I enjoy exposing myself to new environments. Studying at the University of New South Wales (UNSW) in Sydney for a one-semester exchange programme offered me an opportunity to experience the local Australian life and widen my insight towards cultural differences.

UNSW is a very cosmopolitan university with a diversified student population. I could experience a totally different lifestyle as I stayed on-campus and was able to take part in various local activities. City2Surf, for example, is the world’s largest fun run (a 14km run from Hyde Park in the city to the destination - Bondi Beach), with more than 75,000 people joining last year. I met a lot of new “aussie mates” (which means “Australian buddies” in Australian slang) in the activity.

I took three accounting courses and one management course at UNSW. Since Australia uses international accounting standards rather than the US Generally Accepted Accounting Principles (GAAP) that we studied in HK, I needed to spend some time to catch up with the difference. This enabled me to be more familiar with different accounting standards and I believe it will definitely help develop my future career.

All in all, going on an exchange to Sydney was a valuable experience to me. Not only have I polished my English, but I have also enhanced my independence and enriched my academic knowledge.
Dear Students,

Have you ever noted the seven small huts next to the Y.C. Liang Hall? They are the new recycling huts for old clothes, banners, books, toys, cans, glass bottles and electronic devices. All the materials collected will be sent to charitable organizations or recycling companies.

Apart from the seven small huts and the classical 3-color recycling bins for paper, plastics and aluminum cans, you may also find recycling bins for other materials at different parts of the campus. Simply by dropping your trashed materials to the bins, you can help to make better use of resources, reduce solid waste as well as the subsequent burden on landfills.

<table>
<thead>
<tr>
<th>Materials</th>
<th>Location of recycling bins</th>
</tr>
</thead>
<tbody>
<tr>
<td>Banners</td>
<td>Y.C. Liang Hall, Staff Student Centre – Leung Hung Kee Building, Bethlehem Hall of United College, Kuo Mou Hall of Shaw College, Chung Chi Tang of Chung Chi College</td>
</tr>
<tr>
<td>Old clothes</td>
<td>Foyers next to Y.C. Liang Hall and Foyer outside Residence No. 16</td>
</tr>
<tr>
<td>Rechargeable batteries</td>
<td>Y.C. Liang Hall, Pi Ch’iu Building, Mong Man Wai Building, William M.W.Mong Engineering Building, Fung King Hey Building, Wong Foo Yuan Building, Sino Building, Hui Yeung Shing Building, Lee Shau Kee Building, EMO Building, and University Residence No.10-17</td>
</tr>
<tr>
<td>Used printer cartridge</td>
<td>G/F of Wen Lan Tang, Esther Lee Building and T. C. Cheng Building. For free collection service for more than five used printer cartridges, please contact EMO service hotline at 3943 6666 or Hong Kong Post Hotline at 2363 9939</td>
</tr>
</tbody>
</table>

At the same time, we would like to share with you the Environmental Sustainability Ambassadors’ feedback after a visit to a Biodiesel Manufacturer and an organic farm held this summer.

Recruitment

To enroll and know more about the Environmental Sustainability Ambassador Programme, please visit the programme website at http://ihome.cuhk.edu.hk/~b109137/esa

Do recycle your trashed materials and give them a new life!
Stay Tuned

Events Organizer / speaker Date

<table>
<thead>
<tr>
<th>Events</th>
<th>Organizer / speaker</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Career Planning and Development Centre, OSA (Tel: 3943 7202 / E-mail: <a href="mailto:cpdc@cuhk.edu.hk">cpdc@cuhk.edu.hk</a>)</td>
<td>Aviation Institute</td>
<td>4 Oct 2011</td>
</tr>
<tr>
<td>“Navigating the Recruitment Process” Workshop</td>
<td>Credit Suisse</td>
<td>6 Oct 2011</td>
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<tr>
<td>Grooming and Health Care Seminar</td>
<td>Fanci</td>
<td>7 Oct 2011</td>
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<tr>
<td>Careers E-coach Workshops</td>
<td>CPDC</td>
<td>7, 11, 21 &amp; 28 Oct 2011</td>
</tr>
<tr>
<td>IB Division Career Educational Talk</td>
<td>Credit Suisse</td>
<td>11 Oct 2011</td>
</tr>
<tr>
<td>Hairstyle for Interviews Workshops</td>
<td>Mr. Kim Chow</td>
<td>13 Oct 2011</td>
</tr>
<tr>
<td>Seminar on “Finance Career Options Other than Investment Banking”</td>
<td>Mr. Stan Ho, Fitch Rating</td>
<td>14 Oct 2011</td>
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<tr>
<td>Seminar on “New Channels in Job Hunting”</td>
<td>Grad Connection</td>
<td>17 Oct 2011</td>
</tr>
<tr>
<td>Investment Bank Interview Skills Workshop</td>
<td>Mr. Alex Wong, Entretun</td>
<td>20 Oct 2011</td>
</tr>
<tr>
<td>Mock Interview Workshop</td>
<td>Various Employers</td>
<td>22 Oct 2011</td>
</tr>
<tr>
<td>CV Writing Workshop</td>
<td>Barclay Capital</td>
<td>27 Oct 2011</td>
</tr>
<tr>
<td>Career Seminar on Accountancy</td>
<td>HKCPA</td>
<td>1 Nov 2011</td>
</tr>
<tr>
<td>Career Seminar on Banking Industry</td>
<td>Société Générale</td>
<td>2 Nov 2011</td>
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<tr>
<td>Global Business Ethics Program for Postgraduates</td>
<td>Junior Achievement Hong Kong</td>
<td>5, 12 &amp; 19 Nov 2011</td>
</tr>
<tr>
<td>Interview Skills Workshop</td>
<td>Barclay Capital</td>
<td>8 Nov 2011</td>
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<tr>
<td>Women in Banking Career Talk</td>
<td>Credit Suisse</td>
<td>9 Nov 2011</td>
</tr>
<tr>
<td>Handling Difficult Job Interviews with NLP Skills Seminar</td>
<td>Mr. Alex Lam</td>
<td>mid Nov 2011</td>
</tr>
<tr>
<td>Women in Finance Career Talk</td>
<td>UBS</td>
<td>18 Nov 2011</td>
</tr>
<tr>
<td>IT &amp; Shared Services Career Educational Talk</td>
<td>Credit Suisse</td>
<td>14 Nov 2011</td>
</tr>
<tr>
<td>Career Seminar: Legal Matters in Mainland China</td>
<td>Mr. Ronald Chan</td>
<td>18 Nov 2011</td>
</tr>
</tbody>
</table>

Recruitment Talks

Morgan Stanley | 3 Oct 2011 |
Citi Hong Kong | 6 Oct 2011 |
The Boston Consulting Group | 7 Oct 2011 |
Hong Kong Police Force, Nomura International (Hong Kong) Limited | 10 Oct 2011 |
Societe Generale CIB | 11 Oct 2011 |
Protex & Gamble, Hang Lung Properties | 12 Oct 2011 |
Bloomberg L.P. | 13 Oct 2011 |
DBS Bank (Hong Kong) Limited | 14 Oct 2011 |
New World Group | 18 Oct 2011 |
ICBC International Holdings Limited | 19 Oct 2011 |
Sino Properties | 20 Oct 2011 |
CSL Limited, Ernst & Young | 24 Oct 2011 |
Careers Fair at Sir Run Run Shaw Hall | CPDC & Various Employers | 24-25 Oct 2011 |
Capital IQ | 25 Oct 2011 |
Unilever | 26 Oct 2011 |
John Swire & Sons (H.K.) Ltd. | 27 Oct 2011 |

Incoming Students Section, OSA (Tel: 3943 1533 / E-mail: isso@cuhk.edu.hk)

Workshop on Effective Learning – Hong Kong Attack | ISS | Early Oct 2011 |
Workshop on Effective Learning – Time Management Skills | ISS | Mid Oct 2011 |
Cultural and Eco Tour @ Lantau Island (for postgraduate students) | ISS | 22 Oct 2011 |
Sharing session for Business Stream students | ISS | Early-mid Oct 2011 |
Sharing session for Engineering Stream students | ISS | Late Oct 2011 |
Sharing session for Arts/Social Science/Law/Education Stream students | ISS | Early Nov 2011 |
Sharing session for Science Stream students | ISS | Early Nov 2011 |

Student Activities and Amenities Section, OSA (Tel: 3943 7216 / E-mail: saau@cuhk.edu.hk)

Orientation Day for Undergraduate Admission 2011 | CUHK | 8 – 9 Oct 2011 |
* A Day in the Life of a University Student Programme | SAAS | 11 Nov 2011 |

Student Counselling and Development Service, OSA (Tel: 3943 7208 / E-mail: scds@cuhk.edu.hk)

Talk on “Adjustment in CUHK” for NA Year-1 Students | SCDS | 7 Oct 2011 |
Talk on “Adjustment in CUHK” for LWS Year-1 Students | SCDS | 14 Oct 2011 |
Recruitment for “uBuddies 2012” | SCDS | 21 Oct 2011 |
Workshop on “Time-Management and Balanced Lifestyle” for Postgraduate Students | SCDS | 27 Oct 2011 |
Mental Health Programme for SC Students | SCDS | 11 Nov 2011 |
Workshop on “Enhancing Personal Effectiveness” for Postgraduate Students | SCDS | 22 Nov 2011 |