Be Thankful and Appreciative

对中大学府一学年的赞扬和建议

赞扬上海世博会的盛况

来自南非津巴布韦的感谢

Office of Student Affairs
The Chinese University of Hong Kong
From the Editor

Heading towards the end of the year, students are usually busy studying for examinations, working on projects, doing part-time jobs to pay bills and hunting for full-time jobs, etc. Actually a student's life should be much more than those hassles. Let's take a few minutes to sit back and relax. Try to go into a time machine, think about those joyful moments that you spent with your family or friends, those difficult times when others helped you out, even the last dessert that you enjoyed or the little puppy that you played with the other day. You will notice that your life is full of happiness. It's just that you are too busy to be aware of them or feel embarrassed to express your appreciation.

Flipping over the pages, you will hear lots of appreciation: the commendations on CUHK's fitness for purpose in teaching and learning by the Quality Assurance Council, a student who was impressed by the dynamic development of mainland China after joining the promotional campaign of the Shanghai World Expo 2010, an international student from Zimbabwe who treasures the opportunity to study in Hong Kong, and many more.

Starting from today, uncover yourself. Let us all be thankful and appreciative towards our lives and surroundings. It does not take much to say "Thank you" but in return, it gives you more satisfaction than you can expect.

Lilian Pang

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對中大教與學的讚揚和建議

張琳欣（英文系，二年級）

自從大學教育資助委員會的《質素報告》後，中大教與學的質素一直成為過往話題。本報則報導中大在報告的建議部分中被指有待改善之處。

其實該《質素報告》原文有三大部分，包括：揚抑，贊同和建議。

讚揚：為求中大的良好教與學質素素保
措施及肯定其成果

全面致力提升和提高修課課程的質素

簡明教學生應該有一切現時

推行嚴謹的課程設計制度

設計課程的方針

學生利用面授及面授能力測試

課程的方針

提供發揮廣泛及多元化環境的學習機會

教授和教授優秀教學表現

給予學生鼓勵

致力推行雙語政策

為研究式課程學生提供和保留優質學習經驗

贊同：贊同中大自行提出的措施以進一步
提升教與學質素

計劃把本科課程和研究生部分納入本科「課程發展及檢討諮詢架構」內，並設置「教導為本教材編編」，以減輕教學員及降低教學負荷

持續調查學生在生活和學習上選修使用科技的情況

計劃把課程設計諮詢委員會的內容列入行動方案

決定實行教務會學與學員會評核工作小組的建議

為研究式課程學生提供和保留優質學習經驗

建議：向中大就落實部份受讚揚的措施提
出建議，令中大在該等範圍有更卓越的表現

應更清楚指明研究生班的具備特質

考慮為各課程和本科提供標準範例，強化全校使用

檢討本科生和研究生修讀同科目政策

(a) 設立環境的程序

(b) 考慮採用以時間序列表示的標準數據集，以

(y) 每年監察課程和科目

(c) 採用更一致的程序和檢討本科課程和高級

單位修課課程

在課程發展方面騰出更多校方人數的意見

制訂和實施網上學習策略

推行不同教學方法和學生體規範的教學方法

推行適用於所有修課課程的課程政策

(a) 訂定本科及教學評估安排

(b) 訂定適用於全校的標準及教學評估程序

贊同中大訂立文字進度表，建議中大在大學層面

制訂程序，以監察和處理這些學生關注的書

在規定有關高級學生修課及科課程學生的培育、學習及

管理的政策和程序時，應參照國際規例

本刊今期將就《質素報告》的內容採訪了來自不同學系的中大學生、研究生和老師，了解他們作為中大人對報告的看法。

徐家莉 新聞與傳播學系一年級生

很欣賞校方清楚說明中大畢業生的特質，「既博又專」，特別是課程設計，包括主修、副修、選修及

體育、語文、通識及資訊科技，使中大生於同期間

更為突出。可是我在申請參加活動時卻感到相當麻

煩。究竟這活動是什麼部門負責的？學系？學院？

書院？學會？還是校方？他們的職責有什麼分別？

校方應釐清這些單位的角色，特別是同學如何取得

服務，避免不必要的誤會。

吳敬詩 日本研究學系二年級生

中大課程檢討在一定程度上就可以監察課程質素

但如果有大學高層參與監察就可使課程檢討

更準確。我個人不太認為IT test（資訊科技能力測

試）對學生的資訊科技能力有很大影響，因為IT

test可能會使日新月異的資訊科技知識，實其實

很多知識和網上資源穩定不敷個人需要而有待自己發

開和學習。

余敏 歷史系二年級博士生

研究生主要為研究和專業實踐，即使學校提供全人

發展的平台，如交流活動等，亦不會有多時間參

與。而且我不覺得研究生缺乏雙語能力和全人發展

啊！單是歷史系的研究生就要修讀十二個學分的學

分。此外，中大對學生在經濟能力的支持也很全面

和圖書館的資源等均十分充裕。中大研究

院唯一不足的是學制方面实施三年制，相比其他國

際上實施四年制的院校對研究生的要求較嚴等。

邱永強 體育部導師

體育部每年設有三個教學獎，獎勵體育部十九名老

師中，在課程檢討表現最優秀的三位。課程檢討的

確可以讓學生發表關於課程的寶貴意見，我亦很欣

賞這種老師與學生之間的意見交流，這樣可令老師

們得到更大的滿足。
感謝與讚美

李朗怡 (新聞及傳播學系，三年級)

每年的十一月第四個星期四，就是美國一年一度的感恩節（加拿大的感恩節在每年十月第二個星期一）。感恩節的來源是印第安人感謝上天給他們在美國大陸有安定的生活，後來的人就在這節日感謝上天給他們豐富的農作物收成。而現在的人就在感恩節的假期與家人團聚，吃傳統食品火雞，感謝上天給他們的一切。

上期我們簡介過「快樂七式」，而「快樂七式」第一式正是「感謝與讚美」，也是最基本的快樂之道。感謝的意思是指對恩惠和給予的回應，而我們感激和讚美的對象不一定是上天或神，也可以是人，或動物等。

每個人都會喜歡得到別人的感謝和讚美。若我們常懷感謝和讚美的心，不但能與人建立和諧的關係，享受快樂和滿足感，也能減少憂鬱症狀。只可惜，在日常生活中，我們往往缺乏向人表達感激和讚賞的文化和習慣。有時候，甚至會因此而感到尷尬而難於啟齒。

其實，要向一些豐富你生命的人，如啟蒙老師，幫助過你的朋友，關心你的親人，表達感謝和謝意絕非難事。大家不妨試試以下的方法為身邊人帶來鼓舞和喜悅：

1. 衷心的說聲「多謝」
2. 寫一封感謝信表達謝意
3. 讚賞他人的努力
4. 送上一點小禮物，如朱古力、扭蛋玩具
5. 約一次茶敘或午飯
除了给别人带来鼓励和喜悦，我们也可以停下来数一数我们所享有的恩典，想想生命中值得感恩之处，如健康、朋友、家庭、教育、校园、自由等；亦可以建立和定期填写「感恩日记」，提升我们的感恩情操和幸福感。

以下是一些同学分享他们所感恩的事情，大家看看自己有否同样的体会:

「我很感激上星期我的感冒很快便走了!我的感冒不到一天便痊癒，令我有精神继续为功课和考试搏斗!还有，我很感谢朋友送给我两包纸巾抹鼻水呢!」
---郭嘉惠 (日本研究系三年级)

「我很感恩能到亚洲，在香港住一个学期，认识一个完全不同的文化，而在这段期间，我很感恩能与家人维持一段很好的关系，我们每天都会有大约一个半小时长途电话。」
---Lisa Bjornstad (来自丹麦的交流生)

「妹妹刚离世，但我很感谢天父令我有幸福和富足，我也很感谢老师、同学、教會的弟兄姊妹都明白我的心意，照顾我，陪伴我。」
---黄清文 (新闻及传播学系一年级)

「近日功课很忙，常在学校『通宵』，很感谢我的一班同学，我就像一家人，互相帮忙，又有可以一起班人互诉心事。真的很感激他们!」
---何浩恩 (建築系三年级)

感谢和讚美既可以令人感到满足快乐，又可以给别人鼓励和喜悦，更可以增进人与人之间的感情。一举三得，何乐而不为呢？我们都快来看看这『快乐第一式』吧！
The Turnaround Story of Mr. Philip Chen

Swati Wu (Final Year, BBA)

Seldom did students know that Mr. Philip Chen had been the Chairman of Ocean Park from 1999-2003. At the invitation of the Office of Student Affairs, Mr. Chen talked to students recently about his experience. At a time when he was first engaged in the amusement park business, he faced a great challenge when Ocean Park lost nearly HK$85 million. Nevertheless, Mr. Chen put the downturn to an end by the simple formula of \( P = R - C \).

**Profit = Revenue – Cost**

The first mission of Mr. Chen at Ocean Park was to increase revenue by all means. Increasing entrance fee, organizing attractive seasonal events including ‘Halloween Bash’, and boosting visitors’ in-the-park consumption such as purchase of souvenirs were effective in raising the revenue considerably. On the other hand, cost control was another significant issue to guarantee profit. Mr. Chen was able to show his decisiveness in ceasing the operation of the Water World, which failed in making profit and incurred an exceptionally huge loss.

You always have an opportunity to make profit.

When Mr. Chen left his position as the Chairman of Ocean Park in 2003, a remarkable profit of HK$50 million was noted since he applied the \( P = R - C \) formula into the operation of the Park. He leveraged limited resources and grasped every opportunity during the downturn to create an optimal profit to save Ocean Park, which was by then the only local theme park in Hong Kong. Mr. Chen had successfully written a turnaround story for Ocean Park by turning a significant deficit into an extraordinary profit.

Put your heart into it—Passion.

Though Mr. Chen is now a businessman who has proven ability and wisdom in various industries, he keeps striving for betterment. By sharing his stories, he encouraged students to pursue continuous improvement, no matter how good our performance already is. Filling ourselves with passion is the best way to strive for improvement continuously. The key to gaining unlimited motivation is, after all, to be fully devoted to our job.

Ask yourself, have you done your very best? Did you enjoy what you have done?

I was inspired by Mr. Chen’s sharing that we were the only judge to ourselves, but not the others. Just simply ask ourselves, have we done our very best? If we can do our very best every time, I believe all of us, like Mr. Chen, can create our turnaround story one day!
上海世博会：
「世博会其實就是一場展示人類文明和創新成果的盛會。」

周芷澄 (經濟學系，二年級)

中國將會是2010年世界博覽會的主辦國，地點為上海，於5月至10月舉行，主題為「城市，讓生活更美好」，目標是吸引七千萬人次參觀。截至10月，已有225個國家和國際組織確認參加上海世博會，向世界展現他們的最新科技和發展。而近期舉行的「走進世博會」是其宣傳活動之一，在國內各個城市巡迴展覽，介紹世博會的發展歷史、中國近年參展歷史和上海世博的籌備工作，目的在於引起群眾對世博的注意和關心，希望各地的民眾都能親身參與在中國第一次舉行的註冊類世博會。而我則有幸在香港的巡迴展覽中擔任義工，成為這國際性活動中略顯綽約的小角色。

在報名參加「走進世博會」活動後，其實我對世博會毫無認識，只是想藉著參加這個大型活動來增廣見聞，與來自不同院校的同學交朋友。開幕前兩天，我們一班大學義工在培訓會上第一次與負責人見面。經過兩小時由上海世博局新聞宣傳部人員講解，以及到舉辦場地(舊中監警署)稍微參觀後，終於對這次的活動內容和工作有了實質的概念和認知。

沒想到，其後兩天的當值工作就讓我對世博會有更深的了解。

義工的工作包括解答市民疑問、向他們講解展覽內容、維持秩序和控制人流，工作量並不算多。在當值的兩天裡，我在場館裡裡外外走了好幾遍，對展覽品都熟悉得很，不但對世博的發展和上海世博的籌備工作有了深入的認識，亦知道了不少歷史之事，像是水晶宮和艾菲爾鐵塔的由來，百年前的中國國旗原是一條龍，和茅台酒在世博會上一炮而紅的故事，還看到了古董留聲機、長城牌和1909年美國世博會的紀念品真跡，確是令人大開眼界，也對上海世博會有很多憧憬。

此外，在工作過程中我觀察到大眾對世博和展覽品的反應，有好奇，有疑惑，更多的是覺得有趣；年老的長者看舊時的照片都不禁回想起往事，年青人對古董展品都相當感興趣，市民正面的反應讓我感到這次活動的成功，更有市民在參觀完後在留言處稱讚義工們的熱心講解，無疑是對我們的一大鼓勵！讓我印象深刻的是有一位好心的婆婆，擔心我們站太久會腳痛，教我們用熱水加鹽敷腳，想不到我們這樣的小角色都有人關心。

參加「走進世博會」，讓我有機會面對群眾，增強自信心，又能認識新朋友，同時為社會服務，增進人生經驗和知識，獲益良多。北京奧運後，上海世博讓我再一次感受到中國的強大和驚人的發展速度，很希望能在兩年後到上海親身參與其中。最後，祝願中國2010年上海世界博覽會取得空前的成功！
Hello! I am from Zimbabwe.

Katsande, Danai Rukudoz (Year 1, BBA)

All too frequently I am asked questions like 'What brings you here to The Chinese University of Hong Kong (CUHK)?' or 'Are you an exchange student?' Of course, people would wish to know what brought me all the way from Zimbabwe, which was in Southern Africa, to a distant land like Hong Kong. I could say that I came to know about CUHK via the Internet and CUHK's website. After being quite impressed by the University's academic and non-academic activities, coupled with its international rating, I knew that I could not miss out on such an opportunity to interact and relate to people from all over the world.

Having arrived in Hong Kong two weeks into the semester, getting settled and focused proved a challenge at first. However, after making new friends and hanging out with classmates and block mates, I slowly began to be grafted into the CUHK environment. At present, I already feel at home because of the warm welcome I received from the staff and students alike, and the continual benevolence that I am treated with at CUHK. Within my first few weeks I got to partake in various activities and to join some social clubs. I was also introduced to the Mid-Autumn Festival early into the semester, and such events actually serve to bridge the cultural gap that exists between Hong Kong students and myself. I am also learning Cantonese to be a more effective communicator at CUHK.

Truth be told, CUHK is a culturally diverse institution, bringing together many different people from various walks of life from all corners of the globe. I particularly enjoy such a setting because I am able to make acquaintances with my peers and other students. These early contacts may prove vital in the future, be it in the professional arena or even the social arena. I believe in the richness of diversity at all levels as this enables me to enhance my communication skills when it comes to dealing with other members of the society. My stay here has started off on a very cheerful note and I hope I will be able to interact with even more students and get more involved in various other activities that are essential for tertiary education. God bless CUHK!!!!!!
As a Human Resources personnel at UNDP China Internship Programme

Maggie Lin (Final year, MPhil, Anthropology)

I worked as an intern in the Human Resources Department in the United Nations Development Programme’s (UNDP) Beijing office from July to September 2008. The internship gave me much satisfaction for I had to handle the whole process of personnel recruitment by myself - from posting the job description to screening resumes, arranging and attending interviews and writing up notes. I also had to organize some profiles before the auditors came. Compartmentalizing files and data has always been my major weakness. But the internship has trained me and I feel my organization skills have improved.

I have learnt that I indeed have the patience to handle matters in a meticulous manner, a skill of crucial importance to working in any company. This experience not only offered me a glimpse of how Human Resources functions on a daily basis, it gave me real hands-on experience in working in a big international organization, which is beneficial for my career development no matter where I am heading in the future.

On top of working in the field of human resources, during the last 70 days, I have had the chance to take up different roles and help out at various departments. This exposure offered me a well-rounded perspective of this organization as I could better understand the daily functioning of the office, how different departments operate and cooperate.

Human Resources may not be directly related to what I am studying in university. It nonetheless allows me to get in touch with people from different cultures and diverse background and this is essentially what anthropology is about. My anthropological training in university has trained me to communicate with a wide range of people, and being in the HR department gives me the opportunity to fully utilize my interpersonal skills.

On top of that, I have also had the chance to see many Olympic and Paralympic events, which added much excitement to the Beijing experience. I love the blend of old and new in Beijing. I felt like half a foreigner but also very much at home there. I love Beijing and would like to go back again for work or travel.

About The UNDP China Internship Programme

The UNDP China Internship Programme offers a small group of outstanding postgraduate students the opportunity to acquire working experience in the United Nations system each year. The Programme provides a compact understanding of UNDP’s development policies, thematic priorities, and technical cooperation activities. Interns will specialize in the areas of international political science, legal studies, human resources, public administration, information technology, communication, marketing, languages and other activities related to sustainable human development. In summer 2008, three out of the seven internship places were offered to CUHK postgraduate students.
Memorable Moments

Vice-Chancellor Meets with Mainland Students

Jennifer Sun (Year 3, Professional Accountancy)

On September 23, 2008, Prof. Lawrence J. Lau, Vice-Chancellor, met with mainland students in University Guest House. Thirty mainland students, including the representatives of all years of study, the first-year scholarship recipients, and the executive committee members of Mainland Undergraduate Association (MUA), spent a great time sharing their university life with the Vice-Chancellor.

Prof. Lau mentioned that more than 250 outstanding mainland undergraduate students from 25 provinces were admitted to CUHK this year, and extension of student recruitment to every province was planned for the future. Based on the mission "to combine tradition with modernity and to bring together China and the West", Prof. Lau encouraged students to learn about various cultures and strive to be well-rounded individuals.

Most of the year-one students showed that they were able to adapt to the new environment and get along with local students very well. As for the senior students, they paid close attention to the employment trends for mainland students and hoped to get more career guidance. Besides, MUA members opined that the cultural make-up of mainland students needed nourishment. They also reflected that some students were trying hard to manage stress from both daily life and studies.

In response, Prof. Lau encouraged students to establish positive outlooks on life and personal values; students could learn about various fields and to make personal choices according to individual interest and needs. Students were also encouraged to participate in different activities so as to get immersed in the local environment better. Showing great concern to students under pressure, Prof. Lau suggested that senior students could help the year-one students by sharing experience or organizing suitable activities. On the other hand, students could seek help from the University when they encountered any difficulties in life or studies.

In conclusion, the meeting promoted an open exchange of ideas between Vice-Chancellor and mainland students. It received warm welcome and many students showed appreciation of such meeting opportunities.

Learn Cultures from Joyful Cooking

Bryan San (Year 3, Journalism)

A dainty dessert not only brings joy to people, but also breathes the fine essence of culture into those who love it. On October 24, 2008, 20 students had a wonderful time while immersing themselves in the aroma of Earl Grey Tea; they learned a British-style delicacy - Earl Grey Tea Mousse Cake – in the first class of the English and American Dessert Workshops organized by the Incoming Students Section of the Office of Student Affairs.

Participants learned the steps of making the cake in a two-hour lesson, from stirring eggs and flour to the final decoration. The essential ingredient - Earl Grey tea leaves - was brewed before mixed into the mousse. Named after the 2nd Earl Grey, British Prime Minister in the 1830s, the Earl Grey tea is a tea blend with a distinctive flavour and aroma derived from the addition of oil extracted from the rind of the bergamot orange, a fragrant citrus fruit.

For an excellent dessert, an appealing appearance is essential. Every student showed their creativity in decorating their cakes. Some of them said preparing cream for adornment was the most challenging. "It is difficult to grasp the skills of stirring it," said Mandy Wong, "but it is the most interesting part of the process.

A Simple Recipe of Earl Grey Tea Mousse Cake #

Ingredients (make 6 servings):
- 5 eggs
- 200g flour
- 180g sugar
- 100g milk
- 40g butter
- 100g grape juice
- 1 teaspoon sugar
- 3 gelatine sheets
- 1 teaspoon rum
- 35g Earl Grey tea
- 80g cream

Cooking Tips:
1. Preheat oven to 200°C.
2. Bake for 25 minutes.
3. Pour mousse after the base is cooled down.
4. Refrigerate before serving.

# Recipe provided by The Chef
金融海嘯襲全球 逆境自強莫低頭
金融海嘯的衝擊，對社會、家庭及個人均造成廣泛的影響。加上功課、測驗、考試、求職的壓力，大家不免產生焦慮，不安的負面情緒。有見及此，學生事務處學生輔導及發展組將推出正向心理系列，幫助同學紓解壓力及提升抗逆力。

詹瑞文 Stand By ‘U'
首先我們誠摯邀請到香港書法家詹瑞文先生分享他的個人經驗和對金融海嘯的觀感，亦鼓勵他善用藝術的潤飾，透過他的文化藝術理念— PIP（Pleasure, Imagination, Play — 喜悅、想像、遊戲），為各同學紓解打氣，Cheer You Up!

詹瑞文先生為劇場導演、編劇、演員於一身，獲獎無數。他以別樹一格的幽默感和形體風格，建立一系列單人表演作品：《男人之死》、《萬世歌王》及《千萬小師傅好口脣等》等。大家萬勿錯過與詹Sir一起cheer up的機會！

報名方法：請登入學生輔導及發展組網頁
www.cuhk.edu.hk/osa/scdsreg/seminar/infos.htm

「防止性騷擾」
推廣活動資助計劃

「防止性騷擾」推廣活動資助計劃現已接受申請，目的在於鼓勵各教職員及學生團體舉辦活動，以推廣防預性騷擾及性別平等的認識。申請資助的活動應符合以下其中一項目的：

- 防止性騷擾
- 提高防預性騷擾的意識
- 推動兩性機會平等

截止申請日期
第一期：2008年10月15日
第二期：2009年2月28日

資助額最高為港幣二千元。成功獲資助活動的團體成員均可獲頒發證書。有關資助細則，請參閱防止性騷擾政策網頁：
www.cuhk.edu.hk/policy/harass或致電2609 8716與陸燕芳女士聯絡。

樂步行（第三期）
步行活動開始啟動！

為了推行校園文化，健康促進及防護委員會邀請學生及教職員參與舉辦了”樂步行”活動，第一次樂步行於2007年3月16日舉行，在大學火車站出發，終點是新亞誠明館；第二次於2007年11月2日由大學鐵路站步行至逸夫書院。參加者都認識多步行有助減少汽車尾氣排放，令校園空氣清新、更符合環保原則；再者，步行為身體健康帶來莫大益處，不費分毫，往來校園的時間與乘車時間相若，沿途更可欣賞美景，一舉多得。

第三次的樂步行將於2009年1月9日（星期五）舉行，由大學鐵路站，經過西部教學大樓的天橋直達逸夫書院。參加者可獲得精美紀念品，詳情請留意網頁：
www.cuhk.edu.hk/healthpromotion/walking.html

聯合書院學生生活約章及德育活動

德育推廣是聯合書院於本學年的其中一項學生發展重點。聯合書院擁有健全的導師及學生會組織，配合學生生活約章，為開學典章，於9月19日舉行的書院聚會中，發放一紙約章及簽證議式，簽名資產會主席及學生會主席、校董會校董會會委員、學生會及書院輔導導師等。書院約章是書院發展的導航儀，是學生行為的準則，於學生中具有極高的影響力。學生約章將採用正向心理系列，將推出正向心理系列，幫助學生紓解壓力及提升抗逆力。

除學生生活約章外，小組亦設計了一套五款的書籤及八連通貼，送給聯合書院的同學。書籤及貼勵亦於9月19日的書院聚會中首次派發，而一些特別製作的磁石貼亦交由書院監督委員會保管，書院監督委員會可隨時派發給學生。書籤及磁石貼均有特別設計，取材於書院約章的內容，提醒學生一些良好的態度和行為。

聯合書院鼓勵同學以行動支持學生生活約章及德育活動。如有查詢，可致電2609 7570與聯合書院學生輔導及發展組聯絡。
### Stay tuned

#### Student Activities and Amenities Section, OSA
For enquiry: Tel. 2609 7216, or saau@cuhk.edu.hk

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<thead>
<tr>
<th>Event</th>
<th>Organizer / Speaker</th>
<th>Date</th>
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<tr>
<td>CUHK 45th Anniversary Photo Competition</td>
<td>Student Activities and Amenities Section</td>
<td>Nov 2008 – Jan 2009</td>
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<tr>
<td>Application for Outstanding Service Awards for Tertiary Students</td>
<td>Hong Kong Student Services Association</td>
<td>Nov – Dec 2008</td>
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#### Learning Enhancement Service, OSA
For enquiry: leos@cuhk.edu.hk

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<th>Event</th>
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<td>Effective Learning Workshop on Presentation Skills (To be conducted in Putonghua)</td>
<td>Learning Enhancement Service</td>
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<tr>
<td>Kick-off Gathering of Buddy Programme For Local and Year 1 Mainland Undergraduates (Recruitment begins in November 2008)</td>
<td>Learning Enhancement Service</td>
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<tr>
<td>Chinese New Year Gathering (For all non-local undergraduates)</td>
<td>Learning Enhancement Service</td>
<td>Late Jan 2009</td>
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#### Incoming Students Services, OSA
For enquiry: Tel. 2609 7945, or isso@cuhk.edu.hk

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<th>Event</th>
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<td>“One-day tour to Aberdeen and Lamma Island” for international students</td>
<td>Incoming Students Section</td>
<td>15 Nov 2008</td>
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<td>Radio programme on cultural interchange</td>
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<td>“Get-together” for postgraduate students</td>
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<tr>
<td>Special cultural exchange activity</td>
<td>Incoming Students Section</td>
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#### Career Planning and Development Centre, OSA
For updated details: Tel. 2609 7202, cpdc@cuhk.edu.hk, or www.cuhk.edu.hk/seminar/seminar.html

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<tr>
<td>Essential Interviewing Skills Workshop</td>
<td>The Nielsen Company</td>
<td>28 Nov 2008</td>
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#### Scholarship and Financial Aids
For enquiry: Scholarships and Financial Aid Section Tel. 2609 7205, or sfas@cuhk.edu.hk
www.cuhk.edu.hk/admisfas

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<tr>
<td>Application for loans, bursaries, scholarships, academic awards</td>
<td>Scholarships and Financial Aid Section</td>
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